



# July 2010 Monthly Training Planner



BBC Weapon - Staff

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																																																																																							
<div style="display: flex; justify-content: space-around;"> <div style="border: 1px solid black; padding: 5px;"> <p>Jun 2010</p> <table border="1"> <tr><td>S</td><td>M</td><td>T</td><td>W</td><td>T</td><td>F</td><td>S</td></tr> <tr><td></td><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td></td></tr> <tr><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td></tr> <tr><td>13</td><td>14</td><td>15</td><td>16</td><td>17</td><td>18</td><td>19</td></tr> <tr><td>20</td><td>21</td><td>22</td><td>23</td><td>24</td><td>25</td><td>26</td></tr> <tr><td>27</td><td>28</td><td>29</td><td>30</td><td></td><td></td><td></td></tr> </table> </div> <div style="border: 1px solid black; padding: 5px;"> <p>Aug 2010</p> <table border="1"> <tr><td>S</td><td>M</td><td>T</td><td>W</td><td>T</td><td>F</td><td>S</td></tr> <tr><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td></tr> <tr><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td><td>13</td><td>14</td></tr> <tr><td>15</td><td>16</td><td>17</td><td>18</td><td>19</td><td>20</td><td>21</td></tr> <tr><td>22</td><td>23</td><td>24</td><td>25</td><td>26</td><td>27</td><td>28</td></tr> <tr><td>29</td><td>30</td><td>31</td><td></td><td></td><td></td><td></td></tr> </table> </div> </div>				S	M	T	W	T	F	S		1	2	3	4	5		6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30				S	M	T	W	T	F	S	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31					<p>1</p> <p>Master Members Night of the Zombies</p>	<p>2</p> <p>Free Nunchaku with Purchase Nunchaku DVD</p>	<p>3</p> <p>Last</p>	<b>BASICS &amp; COMBOS</b>		
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<p>4</p> <p>Independence Day</p>		<p>5</p> <p>Closed for Holidays</p>	<p>6</p> <p>Closed for Holidays</p>	<p>7</p> <p>Closed for Holidays</p>	<p>8</p> <p>Closed for Holidays</p>	<p>9</p> <p>Closed for Holidays</p>	<p>10</p> <p>Closed for Holidays</p>	<b>CLOSED</b>																																																																																					
<p>11</p> <p>New</p> <p>Tai Chi 108 Master Weapons</p>	<p>12</p> <p>Master Members Night of the Zombies</p>	<p>13</p> <p><i>Free!</i></p> <p>Friend Joins - Get the FREE Nunchaku DVD</p>	<p>14</p> <p>Master Members Learn the Nunchakus</p>	<p>15</p> <p>Free Nunchaku with Purchase Nunchaku DVD</p>	<p>16</p> <p><i>Free!</i></p> <p>Friend Joins - Get the FREE Nunchaku DVD</p>	<p>17</p> <p>Master Members Learn the Nunchakus</p>	<b>KICKBOXING</b>																																																																																						
<p>18</p> <p>1st</p> <p>TC Sword Master Z Man</p>	<p>19</p> <p>Free Nunchaku with Purchase Nunchaku DVD</p>	<p>20</p> <p>Master Members Night of the Zombies</p>	<p>21</p> <p><i>Free!</i></p> <p>Friend Joins - Get the FREE Nunchaku DVD</p>	<p>22</p> <p>Master Members Learn the Nunchakus</p>	<p>23</p>	<p>24</p> <p>Free Nunchaku with Purchase Nunchaku DVD</p>	<b>DEFENSE</b>																																																																																						
<p>25</p> <p>Full</p> <p>TC Essentials Master Locks</p>	<p>26</p> <p>Master Members Learn the Nunchakus</p>	<p>27</p> <p>Free Nunchaku with Purchase Nunchaku DVD</p>	<p>28</p> <p>Master Members Night of the Zombies</p>	<p>29</p> <p>Free Nunchaku with Purchase Nunchaku DVD</p>	<p>30</p>	<p>31</p> <p><i>Free!</i></p> <p>Friend Joins - Get the FREE Nunchaku DVD</p>	<b>BASICS &amp; COMBOS</b>																																																																																						